

MY ANNUAL 4-1-1

NAME:

4-1-1 Action Goal Worksheet

MY ANNUAL GOALS

JOB	BUSINESS	PERSONAL FINANCE	PERSONAL
1.	1.	1.	1.
2.	2.	2.	2.
3.	3.	3.	3.
4.	4.	4.	4.

MY MONTHLY GOALS

1.	1.	1.	1.
2.	2.	2.	2.
3.	3.	3.	3.
4.	4.	4.	4.

MY WEEKLY GOALS

JOB	BUSINESS	PERSONAL FINANCE	PERSONAL
1.	1.	1.	1.
2.	2.	2.	2.
3.	3.	3.	3.
4.	4.	4.	4.

Weekly Time-Blocked Calendar

NAME:

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT & SUN
7:00 AM						
8:00 AM						
9:00 AM						
9:30 AM						
10:00 AM						
10:30 AM						
11:00 AM						
11:30 AM						
12:00 PM						
12:30 PM						
1:00 PM						
1:30 PM						
2:00 PM						
2:30 PM						
3:00 PM						
3:30 PM						
4:00 PM						
4:30 PM						
5:00 PM						
5:30 PM						
6:00 PM						
6:30 PM						
7:00 PM						
7:30 PM						

1-3-5 Plan

ONE Big Goal:

Priority #1 to Achieve Goal:

- Strategy #1
- Strategy #2
- Strategy #3
- Strategy #4
- Strategy #5

Priority #2 to Achieve Goal:

- Strategy #1
- Strategy #2
- Strategy #3
- Strategy #4
- Strategy #5

Priority #3 to Achieve Goal:

- Strategy #1
- Strategy #2
- Strategy #3
- Strategy #4
- Strategy #5